



LDSS NEWS

Friday, November 15, 2024

Cheryl Peterson—Principal

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Principal’s Message

Hadeeh and Hello. As the air gets chillier, Term Two is upon us. Formal Learning Reports are being prepared, and will be mailed out late next week. Please watch for them in the mail. Generally speaking, if students are attending school and all of their classes, they are being successful with their learning. Please continue to encourage your children to make attendance at school a priority!



Volleyball is coming to an end, and the all teams have had a very successful season! Congratulations to everyone. Basketball and Wrestling practices have started. Ski and snowboard have started their dryland training in preparation for the upcoming season.

The Christmas Craft Fair is happening here at LDSS on Saturday November 23, 2024. The 2025 Grad Class will be organizing a concession, and they will also have a table. Please come out and support them!

LDSS UPCOMING DATES AND EVENTS

November 22nd.....	Pro-D Day (NO CLASSES)
November 26 th	PAC Meeting 6:00 pm
December 21 – January 5 th	Winter Break
February 17 th	Family Day (NO CLASSES)
February 19 th – 21st.....	Grad Photos
March 19 th	Talk About Learning Time (Early Dismissal)
March 24 th – April 4 th	Spring Break (NO CLASSES)
April 18 th	Good Friday (NO CLASSES)
April 21 st	Easter Monday (NO CLASSES)
May 16 th	Share the Love Day
June 3 rd	7 <u>U</u> p Day
June 13 th	Grad Commencement Ceremony 1:00 pm

**PROFESSIONAL
DEVELOPMENT DAY**

NO SCHOOL

NO SCHOOL
FRIDAY, NOVEMBER 22, 2024

Collaboration at LDSS

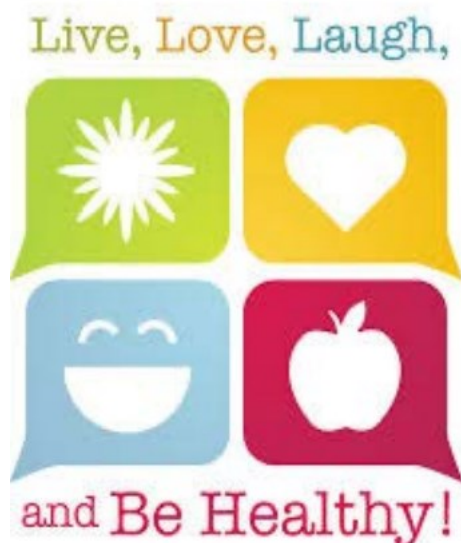
On Fridays this year, all LDSS teachers will engage in a variety of planning activities to strengthen the learning experiences for our students. This valuable 'collaboration time' occurs from 8:47AM—9:25 AM. While teaching staff may not be available for direct support, students are welcome to work and study independently or in groups, or get some extra sleep on these days as first class begins at 9:30 AM.



Parking and Driving reminders

All students are encouraged to walk or cycle to school as often as possible. If parents drop-off or pick-up students, please drive carefully near the school. Parents can park in the designated parking spots out front. Do not park in staff parking areas in the bus lanes as this causes traffic problems. If you must drive your teen to school, avoid the traffic jam and drop them off before peak times and consider a pre-arranged area near the school and have them walk the rest of the way – the exercise is good for them! Thank you for your co-operation.

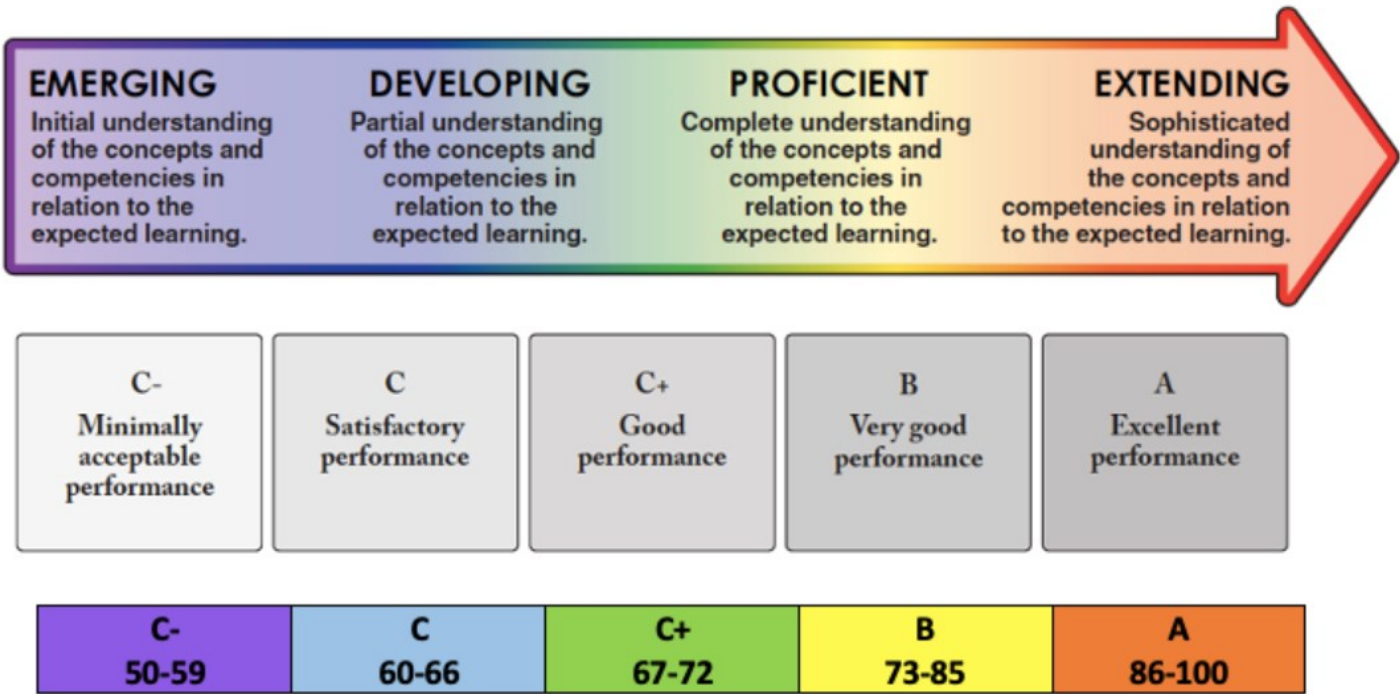
Safe and Healthy Teens



We encourage LDSS students to adopt and live a healthy balanced life. Staying at home when feeling unwell, practicing good hand hygiene, and following coughing and sneezing etiquette have all become basic and necessary norms. Being organized and doing your best in your studies are important for your future, but so is maintaining life balance. Teen mental health is equally important. Staying connected with, sharing and listening to friends, members of a positive club or group, trusted adults and family are essential for mental well-being. Getting to bed at a reasonable hour is key as sleep hygiene is important. “All-nighters” are unhealthy and rarely necessary in a balanced life. Using a refillable water bottle and taking time to pack nutritious snacks are good ideas. Walking, boarding or cycling to school and exercising regularly are also keys to a healthier life. Maintaining personal hygiene as well as positive mental wellness, sleep, exercise and nutritional habits are the foundations to a balanced and healthy life – why not set some small, personal wellness goals for yourself this year?

Informal Learning Updates

In the next couple weeks you will see the Informal Learning Updates come in the mail. Grade 8 and 9 will have the Proficiency Scale and 10-12 will have letter grades and percentages. If you have any questions at all please call Mrs. Peterson at 250-692-7733.



YOUTH WINTER WELLNESS FAIR

Join Youth Services for
Bingo, arcade games, archery, haircuts, dot painting, and prizes!

Hot lunch provided

Friday, November 22nd
11am - 3pm
Ages 12-18 Welcome

The Gathering Place
653 Hwy 16 W, Burns Lake, BC.

Contact Edith at estevenson@csfs.org to register!

CARRIER SEKANI
FAMILY SERVICES

Winter Sports Starting.....

Our fall sports season is almost at an end. Our teams had great results, and a lot of fun was had. The winter season has begun with sports like Basketball, Ski and Snowboarding and Wrestling. If your child is interested in these sports, please have them listen to our school announcements for team info. If your child is involved on a school sports team this year, please remember to pay the annual athletic fee of \$50 per sport. This fee is collected every year to help offset the cost of new uniforms for teams needing upgrades. Payment can be made at our LDSS office.



LDSS School Sports (In Progress) Practice Schedule

Time	Monday	Tuesday	Wednesday	Thursday	Friday
11:45-12:30	Dryland Training		Dryland Training		
3:30-4:30	Wrestling		Wrestling		
3:30-5:00	Gr 8 Girls BB	Grade 8 Boys	Gr 8 Girls BB	Grade 8 Boys	
5:00-6:30	Jr/Snr Girls BB	Jr Boys BB	Jr/Snr Girls BB	Jr Boys BB	
6:30-7:30		Snr Boys BB		Snr Boys BB	

PAC MEETING—NOVEMBER 26th @ 6:00 pm

WHO: NEW PARENTS NEEDED!

DUTIES INCLUDE: SETTING VISION FOR THE SCHOOL AND ALLOCATING PAC FUNDING.

MEETINGS: USUALLY ON THE LAST TUESDAY OF EACH MONTH AT 6PM.

LOCATION: LDSS IN ROOM 166

WHY: BE CONNECTED TO SCHOOL CULTURE, KNOW WHAT’S HAPPENING IN EDUCATION, REFLECT THE DIVERSITY OF OUR COMMUNITY AND CONTRIBUTE TO THE BENEFIT OF ALL STUDENTS.