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Helping you to grow to be your best!

LDSS News

Principal – H. Grant

Vice-Principal – T. Fraychineaud

Counsellors – T. Brown and K. Dezamits

Friday December 14th, 2022

Our Principal's Message



I hope this last newsletter of 2022 finds you healthy and well. While this season is filled with joy and anticipation, it is also important to take care of yourself and your teen. Some thoughts for this break include:

- Stay active
- Choose activities that are relaxing
- Eat a brain healthy diet
- Get plenty of rest

As a school we benefit from excellent community mental health supports and this is a good time of year to thank them for the positive difference they make for students.

Every week **Elizabeth Fry** runs groups for our female students. The school district funds **Tiny Eye** virtual counselling for individual students. The **Foundry** is an active partner working with our youth. Every week we are served by both a Public Health Nurse and an addictions counsellor through **Northern Health**. Last, but certainly not least **Carrier Sekani Family Services** is a major partner in the care of our students' health. CSFS counsellors work with many of our students on a weekly basis. Every two weeks their medical doctors see patients here at the school. Next week, when school is out, they are running youth activities as follows:

December 19th 10:00 am - 2:20 pm

Free skating, Christmas photos, lunch and hot chocolate at the arena. Free skate rentals available as well. Bring your friends and family for some Christmas photos!

December 20th 10:00 am – 2:30 pm

Christmas baking and crafts at the Legion (158 Francois Lake Drive) and at the Cheslatta Training Centre on the Southside (near Danskin Garage). Come down and make some Christmas treats and crafts.

December 21st 11:00 am – 2:00 pm

Sledding at hot dog roast at Kager Lake and on the Southside at Danskin. Come out for tobogganing and hot chocolate. Please dress warm and bring your sleds and toboggans.

December 22nd 3:00 pm – 5:00 pm (Ages 16+ Only)

Youth Christmas Dinner. All youth (16+) are invited to a Christmas Ham Dinner at the Legion (158 Francois Lake Drive). Bring your friends, dress up and gather for a nice dinner and games.

If you are interested in more information regarding any of these services, please contact Mrs. Dezamits at the school.

In closing, I wish you a joyous and restful break. See you in 2023.



Happy Holidays from the
Students and Staff at LDSS

Assessment Week Schedule

Monday, January 23 rd	Regular Classes Literacy 12 Assessment – 9:00 am
Tuesday, January 24 th	Regular Classes Numeracy 10 Assessment – 9:00 am
Wednesday, January 25 th	AM - Block C Assessment PM – Block D Assessment
Thursday, January 26 th	Literacy 10 Assessment – 9:00 am AM – Block B Assessment PM – Block A Assessment
Friday, January 27 th	“I” Completion and missed assessments
Tuesday, January 31 st	Semester 2 starts

SCHOOL CONTACTS OF NOTE

- Athletics – Patti Dube (she can direct you to individual coaches)
- Book Club – Karen Isaak
- Careers – Patti Dube
- Counselling – Kim Dezamits or Tracey Brown
- Discipline – Tim Fraychineaud
- Guitar Club – Steve Wilejto
- Inclusive Education – Stacie Gray
- Lakes Learning Centre – Danny Dell
- Student Voice – Amy Dash
- Transcripts – TJ Pelletier

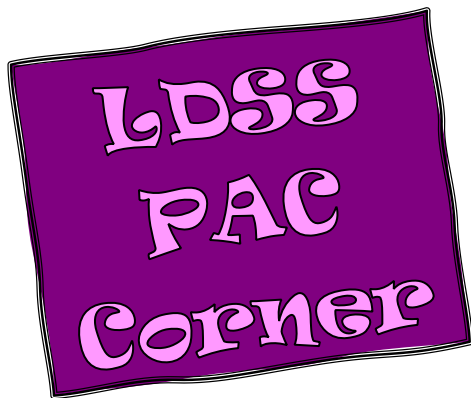
LDSS UPCOMING DATES AND EVENTS

- December 17th – January 2nd.....Winter Break
- January 3rdFirst Day Back After Winter Break
- Janaury 13thWinter Formal
- January 23rd – 27thAssessment Week
- January 27thLast day of Term Two and Semester One
- Janaury 30thSemester Turnaround Day – NO CLASSES
- January 31stSemester 2 Begins
- February 7thReport Cards Mailed Home
- February 10thPro-D Day – NO CLASSES
- February 14th – 16thGrad Photos
- Febrruary 20thFamily Day – NO CLASSES
- March 18th – April 2ndSpring Break

Spirit Weeks at LDSS

Some of our Grade 12 students organized a spirit week from December 5th to December 9th with a different theme everyday and prize draws for those who participated. Themes included Dress like a Spy Day, Santa Hat Day, Pajama Day, 80's Day and Dress Spiffy Day. Students and staff have enjoyed this so much it was decided to extend Spirit Days for one more week leading up to the holiday break. Themes this week include Toque Day, Seasonal Sweater Day, Black and Gold Day, Dress like a Present Day and Couch Potato Day.





Next PAC Meeting:

Tuesday, January 31st @ 6:30 pm

Contact the PAC Chair (Pam Higginson) at:

ldsspacchair@gmail.com

ldsspacfacebook@gmail.com

PAC is currently running our first fundraiser in many years. Tru Earth offers Eco Friendly products, shipped directly to you.

This fundraiser will run all year, PAC receives a 20% commission on all sales, going towards our appreciation and school spirit events.

Here is the link to our fundraiser, please feel free to share with family and friends.

Your fundraising link is - <https://fundraising.tru.earth/LDSSPAC> *This link is the only link you should share. If you share any other link, it will not track sales! To share, simply copy and paste the link wherever you would like to post.*

Holiday Sales on now till Dec 12, 2022

A collection of Tru Earth eco-friendly products including laundry detergent, toilet bowl cleaner, multi-surface cleaner, bamboo cotton swabs, beeswax food wraps, and reusable cloth napkins, all displayed with festive bows.

TRU EARTH

HOLIDAY SALE

UP TO

33% OFF

STARTS NOVEMBER 1

Every purchase through our link
earns our fundraiser 20%

RCMP Youth Academy

1. Are you in Grade 11 or 12 and will be between 16 and 18 years of age?
2. Are you in good standing in all of your classes?
3. Are you physically and medically fit?
4. Are you a non-smoker or vaper?
5. Are you interested in becoming an RCMP member?

See Mrs. Dubé for an opportunity to participate in a week-long RCMP Youth Training camp in Prince George.

Date of Camp: March 12th -18th

Cost: \$300

Applications due by: January 16th which will be followed by an interview with the RCMP.

Successful applicants will be notified by February 5th.

Students Participate in Carpentry Foundations at CNC

Two of our senior students are currently enrolled in the Carpentry Foundation Program at the local CNC campus. This course offers hands-on training in many aspects of carpentry. If you or your student are interested in what CNC has to offer secondary school students (for dual credit) please contact Mrs. Patti Dubé.

